

# 100 MILE



## WELCOME TO OBLITERIDE

Fred Hutch Obliteride is almost here, and it's time to celebrate! This is year 6 for our community of passionate riders, walkers, volunteers, and donors. Hundreds of volunteers support thousands of Obliteriders who inspire tens of thousands of donors, to come together to power Fred Hutch's life-saving research. Every dollar, step, training hour, and cheer is helping to eliminate cancer. To celebrate your efforts, we are throwing you a big party on Obliteride weekend. Expect delicious food, scenic routes, connections with new friends, and great music. To returning Obliteriders, thank you and welcome back. To new riders and walkers, we promise you a memorable weekend that introduces you to the mighty Obliteride community. In our first five years, over 50,000 donors contributed more than \$12 million to cure cancer faster at Fred Hutch. Join us in making this a record year!

**Andrea Gomes Morrison, Director, Obliteride**  
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## WAVE 1

**YOUR RIDE STARTS**

**UW**

**7 AM**

**SATURDAY**

## WEEKEND TIPS

### LOCATIONS

#### Friday

##### Gas Works Park

2101 N. Northlake Way, Seattle, WA 98103

#### Saturday

##### UW Parking Area E-18

Montlake Blvd NE  
Seattle, WA 98105

##### Gas Works Park (Finish Line)

2101 N. Northlake Way  
Seattle, WA 98103

### Requirements

- Carry a photo ID
- Follow all posted signs
- Respect fellow riders
- Wear your rider wristband
- Obey all WA state bicycling rules of the road

### PARKING

#### UW Parking Area E-1

Walla Walla Rd Seattle, WA 98105

Complimentary parking only available in UW Parking Area E-1, entering from the Walla Walla Rd entrance. Shuttles run to/from Gas Works Park every 10 - 15 minutes from 3pm - 9:45pm **Friday** and 7am - 7pm **Saturday**.

Lyft and Fred Hutch have partnered so you can round your ride fare to the nearest dollar and donate the difference to help fund lifesaving research. To round up to donate in your Lyft app, go to Round Up & Donate in the Setting menu, and select Fred Hutch. Use the code OBLITERIDE18 in the Lyft app and save 20% off your ride to and from Obliteride on August 10 and 11. New to Lyft? Download the app and claim the discount at [www.lyft.com/i/OBLITERIDE18](http://www.lyft.com/i/OBLITERIDE18).

### WHAT TO PACK

- Bicycle
- Helmet (required)
- Rider wristband
- Rider numbers (helmet tag, body bib, front license plates)
- ID (Friday Kickoff Celebration access; packet pick-up)
- 2 full water bottles
- Energy food/bars (also available along the route)
- Sunglasses
- Change of clothes/shoes
- Towel, toiletries and shower shoes
- Rain gear

### OTHER SERVICES

#### Bag & Bike Check

Available at Gas Works Park Friday and Saturday. Tag your gear with the bag tag at the bottom of your body bib.

#### Food & Beverage

Riders enjoy free food and beverages all weekend. A limited number of guest meals can be purchased onsite at Gas Works Park on Saturday.

#### Free Shower Truck at Gas Works Park

Available at the Finish Line, Saturday 10am - 7pm

#### Bike Mechanics

Available at the Start Line and rest stops.

#### SAG (Support & Gear)

SAG vehicles will track riders on the routes. Flag one down or call the number on your wristband for pick-up.

#### Massage

Available at the Finish Line.



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### Rest Stop Support

Food, beverage, restrooms, medical support, bike mechanics every 12 – 18 miles.

### IN CASE OF EMERGENCY, CALL 9-1-1

For urgent day-of route related needs, call the Obliteride helpline at: 1.855.854.7679. This number is on your rider wristband.

## SCHEDULE

**Friday:** Gas Works Park

<b>3 – 8 pm</b>	Pick-up your packet
<b>4 – 9:30pm</b>	Celebrate with great food and music
<b>9:45pm</b>	Last shuttle leaves Gas Works Park

**Saturday:** Ride waves start at UW Parking Area E-18 and finish at Gas Works Park.

<b>6:00am</b>	Breakfast opens at UW
<b>6:40am</b>	Line up in the chute
<b>7:00am</b>	Ride begins
<b>7:00pm</b>	Last shuttle from Gas Works Park to UW Parking Area

\* All times subject to change

## GET LABELED



Safety pin your body bib number to the back of your jersey.



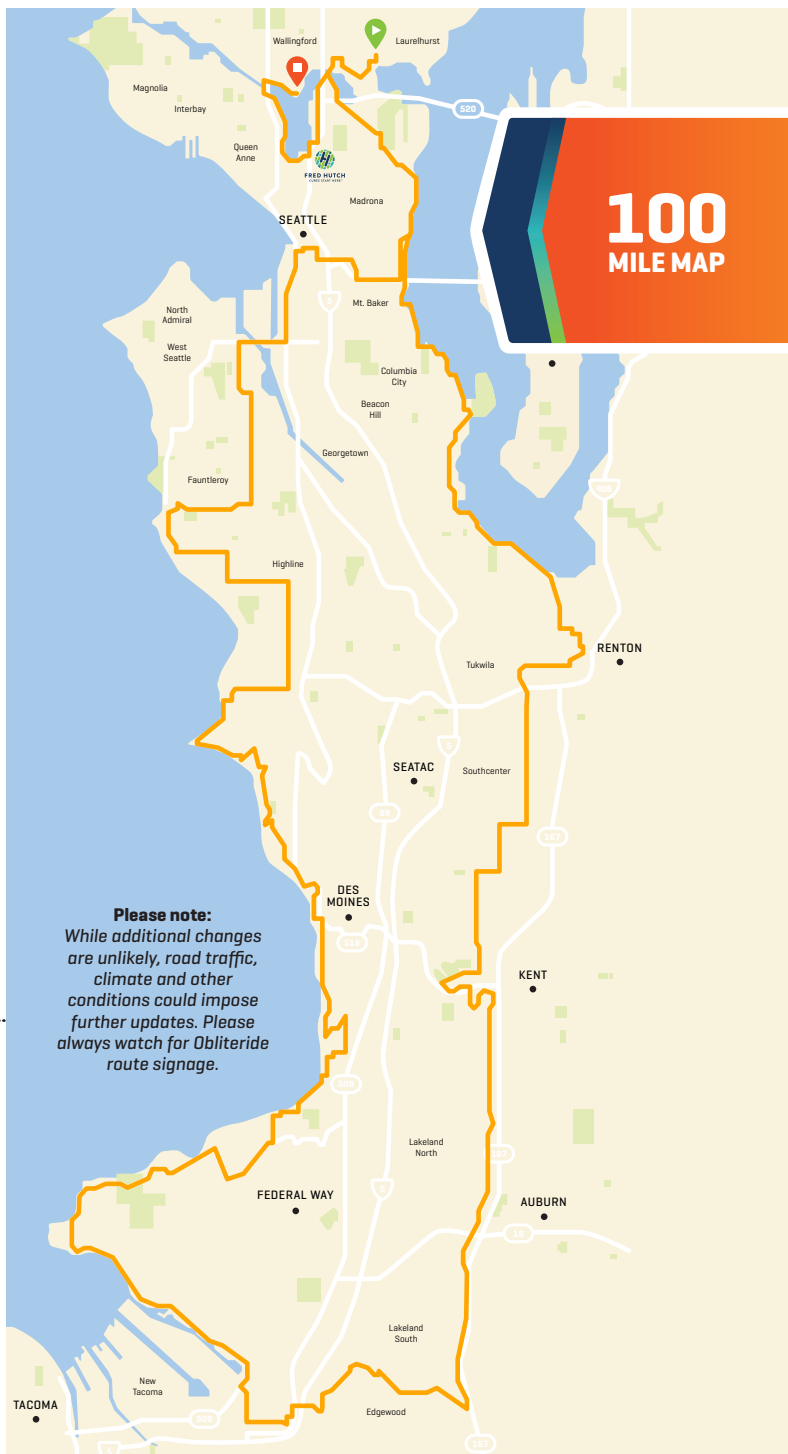
Stick your helmet tag to the front of your helmet.



Twist tie your name plate to the back of your bike.



Twist tie your number plate to the front of your bike. This is where your RFID chip is located.



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